

## Frequently Asked Questions (FAQ)

### Registration & Eligibility

#### *When are the seasons and how do I register?*

The spring season is from February–May and the fall season is from August–November. Registration typically opens the month prior to the season and further information can be found on our website or on Facebook.

#### *What programs do you offer?*

Recreation and Club (SUFC), which consists of Jr Academy, Academy, and Select. You can find more information in the tabs above.

#### *What age groups do you offer?*

We currently offer recreational soccer for players in age groups U4 through U14. We offer Club soccer for players in age groups U7 through U13.

#### *Where are practices and games held?*

Smiths Station Sports Complex  
3160 Lamb Rd, Smiths Station, AL 36877  
\*Club away games will be played off site.

#### *When are practices and games?*

Games will be played on Saturdays and occasionally during the week. Practice times are from 6–7 PM and 7–8 PM.

#### *When will we find out what team we're on?*

Team assignments are shared after evaluations and before the first practice.

#### *Can I request a specific coach or teammate?*

While we're unable to accommodate specific coach requests, we do offer Buddy Requests for all age groups. These allow players to request to be placed on the same team as a friend.

To be considered, Buddy Requests must be submitted prior to evaluations. Requests made during or after evaluations will not be honored. Please note that for age groups U8–U14, teams are formed through a draft process, so while we do our best, not all requests can be guaranteed.

### *How are coaches selected?*

All coaches are volunteers who complete background checks and required certifications.

## **What to Buy**

### *Are uniforms included in the registration fee?*

Yes, jerseys are included unless otherwise selected during registration. Families are responsible for black shorts, black socks, shin guards, soccer cleats, a ball, and a water bottle.

### *What size ball?*

- U4–U8: Size 3
- U9–U12: Size 4
- U13 and older: Size 5

### *What size jersey should I order?*

Jerseys are loose-fit, dri-fit shirts which fit true to size.

## **General Questions**

### *What happens if a game or practice is rained out?*

We will notify families via social media and the SportsYou app. Make-up games will be scheduled when possible.

### *How will I be notified of cancellations?*

Notifications will be sent through social media and the SportsYou app.

### *How can I volunteer or become a coach?*

We're always looking for volunteers! Email us at [Nick@ssusasoccer.org](mailto:Nick@ssusasoccer.org) or [Brandi@ssusasoccer.org](mailto:Brandi@ssusasoccer.org) to get started.

### *Do coaches receive training?*

Yes, all coaches complete SafeSport, CoachSafely, and USYS Grassroots certifications.