

Smiths Station United Soccer Association
2022 Spring Season
U-6

- **General Information:**
 - *Registration Fee:*
 - \$75 per player during registration period.
 - *Late Fee:*
 - None
 - *What is included in registration fee:*
 - Alabama Soccer Association - State Registrations Fee
 - Home and Away Jerseys
 - City of Smiths Station – Parks & Recreation Fee
 - *What is not included in registration fee:*
 - Black Shorts
 - Black Socks
 - Cleats Required to participate in practice and matches.
 - Shin Guards Required to participate in practice and matches.
 - Size 3 Soccer Ball
 - Water Bottle with water or sports drink.

Note: To keep our cost of participation affordable to all that want to participate. SSUSA will have several fund-raisers. Fund-raisers will be utilized to cover additional costs required such as referee's, field markings, goals, nets, corner flags, financial assistance programs and general operating fees. Each player/family will be asked to participate in these fund-raising programs.

- **Player Eligibility:**
 - Male and Female players born between 01/01/2017 & 12/31/2018.
- **Goals/Expectations:**
 - U-6 is the FUNdamental phase.
 - *Fitness:*
 - Introduce the idea of how to warm-up and movement education.
 - Begin education about nutrition with players and parents.
 - Balance
 - Walking
 - Running
 - how to start and stop
 - Jumping
 - Hopping
 - Rolling
 - Skipping
 - Changing direction
 - Bending

- Twisting
 - Reaching
 - *Technique:*
 - Dribbling (stop and start)
 - Shooting
 - Experiment with the qualities of a rolling ball.
 - *Psychology:*
 - Sharing
 - Fair play
 - Parental involvement
 - How to play
 - Emotional management.
 - *Tactics:*
 - Where is the field?
 - The concept of boundary lines
 - Which goal to shoot at
 - Playing with the ball wherever it may go
- **Practice:**
 - Minimum once per week
 - Maximum twice per week
 - 45 Minutes per session on weekdays as field space allows
 - 6:00 to 8:00 at Smiths Station Sports Complex
 - Teams will share field space as needed.
- **Matches:**
 - Saturday Mornings
 - 8 to 10 match season (weather permitting)
- **Coaches:**
 - Parent/Volunteer
 - Coach Incentive Program:
 - Head Coach: \$20.00 voucher for Parent/Volunteer towards one (1) child's registration fees.
 - Assistant Coach: \$10
 - Coaches shirt.
 - Head Coach and one (1) Assistant Coach will receive a shirt.
 - Background Checks/Risk Management:
 - All coaches and volunteers must have background checks and be approved by Alabama Soccer Association Risk Management Program.
 - This includes completing concussion awareness on-line training
 - US Soccer coaching grassroots license reimbursement
 - Provide a copy of your certification and receive \$25 reimbursement
- **Draft:**
 - None, players shall be randomly placed on rosters.

- **End of Season Tournament:**
 - None
- **Academy/All-Star Teams:**
 - None

Laws of the Game – Modified

- **Law 1 - The Field of Play**
 - *Dimensions:*
 - The field of play must be rectangular.
 - The length of the touchline must be greater than the length of the goal line.
 - Length: 30 Yards (90 Feet)
 - Width: 20 Yards (60 Feet)
 - *Field Markings:*
 - Distinctive lines not more than Five (5) inches wide.
 - The field of play is divided into Two (2) halves by a halfway line.
 - The center mark is indicated at the midpoint of the halfway line.
 - *The Goal Area:*
 - 4.5 feet deep x 21 feet wide
 - *The Penalty Area:*
 - 13.5 feet deep x 39 feet wide
 - *Corner Flags:*
 - Yes
 - *Corner Arc:*
 - 2' radius
 - *Goals:*
 - Goals must be placed on the center of each goal line.
 - They consist of two upright post equidistant from the corners and joined at the top by a horizontal crossbar.
 - The recommended distance between the post is twelve (12) feet and the distance from the lower edge of the crossbar to the ground is six (6) feet.
 - **Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.**
- **Law 2 - The Ball:**
 - Size three (3)
 - The ball will need to be FIFA Quality.
- **Law 3 - The Number of Players:**
 - *Match:*
 - A match is played by two (2) teams, each consisting of not more than four (4) players AND a goalkeeper.
 - *Substitutions:*
 - At any stoppage of play and unlimited.

- The match shall be divided into four (4) periods of not more than ten (10) minutes, based on the energy and motivation of the players.
- There shall be a maximum five (5) minute break between each period.
- The four (4) periods do not have to be of equal duration.
- **Law 8 - The Start and Restart of Play**
 - Conform to FIFA laws of the Game, with the exception that the defending team is at least four (4) yards from the ball until it is in play.
 - Remember, let them play and do not interfere for technicalities.
- **Law 9 - The Ball in and out of Play**
 - Conform to FIFA Laws of the Game.
- **Law 10 - The Method of Scoring**
 - Conform to FIFA Laws of the Game.
- **Law 11 - Offside**
 - None.
- **Law 12 - Fouls and Misconduct**
 - Conform to FIFA Laws of the Game, with the exception that deliberate heading is not allowed in U-6 matches.
 - In all instances explain the infraction to the player.
 - All free kicks shall be indirect.
 - No cards will be shown in the U-6 age group.
- **Law 13 - Free Kicks**
 - Conform to FIFA Laws of the Game, with the exception that all free kicks are indirect AND the opponents are to be at least four (4) yards away from the ball until it is kicked.
- **Law 14 - The Penalty Kick**
 - None.
- **Law 15 - The Throw-In**
 - Conform to FIFA Laws of the Game.
- **Law 16 - The Goal Kick**
 - Conform to FIFA Laws of the Game.
- **Law 17 - The Corner Kick**
 - Conform to FIFA Laws of the Game.
- **Law 18 - The Technical Area**
 - Coaches, managers and players not in play must remain in the technical area or on bench, with the exception when a coach is utilized as Referee or Match official.
 - No more than two (2) coaches/managers are allowed in the technical area during the matches.
- **Law 19 - The Substitution Area**
 - Players that are wanting to enter the field of play must first enter the substitution area.
 - When the match official, referee, or assistant referee allows for a substitution, the player being substituted must fully leave the field of play prior to the new player entering the field of play.

- If the match official allows for substitutions, only players in the substitution area can enter the field of play. Match officials may allow for substitution in the event of a player injury.